

## [WEIGHT WATCHERS MACARONI AND CHEESE RECIPE](#)



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Remove pan from heat and whisk in cheese and hot sauce. Add sauce to pasta; toss to mix and coat. Yields about 1 cup per serving. Add sauce to pasta; toss to mix and coat. Yields about 1 cup per serving.

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Weight Watcher s Pressure Cooker Macaroni and Cheese Recipe. Ingredients: 1 TBS olive oil 1 1/2 cups uncooked macaroni noodles 1 can Low-Fat Cheese Soup 1/2 Can Water 3/4 cup Low-Fat Milk. 1. Place a TBS of Olive oil in the bottom of your Pressure Cooker XL. 2. Then hit the rice risotto button. 3. Next, add in the rest of the recipe ingredients. 4.

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### **Baked Macaroni and Cheese with Broccoli Weight Watchers**

Remove from heat and whisk in shredded cheese, mustard, salt, pepper and remaining 2 tablespoons of Parmesan cheese. Pour over cooked, drained pasta and broccoli; toss to mix and coat. Pour over cooked, drained pasta and broccoli; toss to mix and coat.

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### **Stove Top Macaroni and Cheese Weight Watchers KitchMe**

While macaroni is cooking, in a large saucepan over medium heat, whisk together milk, flour, salt, onion powder and pepper until blended. Bring to a boil, stirring occasionally. Reduce heat to a simmer, stirring often until thickened (2 to 5 minutes).

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